

All events are at the Ananda Mandir unless otherwise specified.  
 (AC) Ananda Community (NRB) New Renaissance Bookstore

**April 2006**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<b>2</b> 10-11:30am Sunday Service & Healing Prayers	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b> 7:30-8:45 Free Seminar: Healing the Body of Pain & Tension	<b>7</b> 7-9pm Friday Night Event —Guided Meditation	<b>8</b>
<b>9 Palm Sunday</b> 10-11:30am Sunday Service	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> 7:30-9pm Meditation for Starters	<b>14 Good Friday</b> 7-9pm Kirtan & Meditation for Good Friday	<b>15</b> 7am-12noon Easter Retreat with Eric & Ingrid Glazzard
<b>16 Easter Sunday</b> 10-11:30am Sunday Service 1pm Potluck Banquet (AC)	<b>17</b>	<b>18</b> 7-9pm Developing an Inner Life: Learn to Meditate begins (4 weeks)	<b>19</b> 5:45-7pm Ananda Yoga Fundamentals begins (2 weeks)	<b>20</b>	<b>21</b> 7-9pm Friday Night Event—Silent Meditation	<b>22</b>
<b>23</b> 10-11:30am Sunday Service	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>30</b> 10-11:30am Sunday Service					<b>7-9pm Friday Night Event—Silent Meditation</b>	

**Long-Term Calendar**

**May**

- 7 Sunday Service with Swami Kriyananda
- 9 Meditation for Starters
- 11 Free Seminar: Healing the Body of Pain & Tension
- 16 Developing an Inner Life: Learn to Meditate begins (4 weeks)
- 18 Class: How to apply Yoga Philosophy to Everyday Life begins (2 weeks)
- 18-21 Swami Kriyananda's Birthday Celebration at Ananda Village

**June**

- 3 Launch of the *Essence of Bhagavad Gita* in San Francisco with Swami Kriyananda
- 9-11 Joyful Arts Festival with Swami Kriyananda at Ananda Village