

All events are at the Ananda Mandir unless otherwise specified.  
 (AC) Ananda Community (NRB) New Renaissance Bookstore

## February 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
			<b>1</b> 5:45-7pm Therapeutic Yoga begins (4 weeks) 7:30-9pm A Course on Pranayam begins (4 weeks)	<b>2</b> 7:30-8:45 Free Seminar: Creativity on Demand	<b>3</b> 7-9pm Friday Night Event—God is for Everyone with Jyotish & Devi	<b>4</b> 6:30-8am Meditation (AC) 10:30-11:30am Mandir Blessing 1-4pm Open House 5:30-6:30 Dinner (AC) 7-9pm Dessert & Entertainment				
<b>5</b> 10-11:30am Sunday Service with Jyotish & Devi	<b>6</b>	<b>7</b> 5:45-9:30pm Art and Science of Raja Yoga Starts 7:30-9pm Meditation for Starters	<b>8</b> 7:30-9pm Spiritualizing Relationships begins (2 weeks)	<b>9</b> 7:30-8:45 Free Seminar: Turbocharging Your Energy	<b>10</b> 7-9pm Friday Night Event—Kirtan & Meditation	<b>11</b>				
<b>12</b> 10-11:30am Sunday Service & Healing Prayers	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b> Men's Retreat  7-9pm Friday Night Event—Women's Satsang	<b>18</b> Men's Retreat				
<b>19</b> Men's Retreat 10-11:30am Sunday Service	<b>20</b>	<b>21</b> 7-9pm Developing an Inner Life: Learn to Meditate begins (4 weeks)	<b>22</b>	<b>23</b>	<b>24</b> 7-9pm Friday Night Event—Guided Meditation	<b>25</b> <b>Education for Life Intensive</b>				
<b>26</b> <b>Education for Life Intensive</b> 10-11:30am Sunday Service	<b>27</b> <b>Education for Life Intensive</b>	<b>28</b> <b>Education for Life Intensive</b>	<p style="text-align: center;"><b>Ananda Yoga</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">                     Monday 10-11:15am Extra Gentle Yoga 5:45-7pm Spiritual Awakening                 </td> <td style="width: 50%; border: none;">                     Tuesday 5:45-7pm Beginner Thursday 5:45-7pm Extra Gentle Yoga                 </td> </tr> </table>		Monday 10-11:15am Extra Gentle Yoga 5:45-7pm Spiritual Awakening	Tuesday 5:45-7pm Beginner Thursday 5:45-7pm Extra Gentle Yoga	<p style="text-align: center;"><b>Community Notes</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">                     Morning Meditations Monday-Friday 6-7am Saturday 6-9am Vegetarian Dinners Sunday 5:30pm, \$5.50 Tu,W,Th 6:30pm, \$3.75                 </td> <td style="width: 50%; border: none;">                     Check community room kitchen schedule for individual days.                 </td> </tr> </table>		Morning Meditations Monday-Friday 6-7am Saturday 6-9am Vegetarian Dinners Sunday 5:30pm, \$5.50 Tu,W,Th 6:30pm, \$3.75	Check community room kitchen schedule for individual days.
Monday 10-11:15am Extra Gentle Yoga 5:45-7pm Spiritual Awakening	Tuesday 5:45-7pm Beginner Thursday 5:45-7pm Extra Gentle Yoga									
Morning Meditations Monday-Friday 6-7am Saturday 6-9am Vegetarian Dinners Sunday 5:30pm, \$5.50 Tu,W,Th 6:30pm, \$3.75	Check community room kitchen schedule for individual days.									

## Long-Term Calendar

### March

- 2 Free Seminar: Healing the Body of Pain and Tension
- 3 Yogananda's Mahasamadhi Commemoration
- 8 Yoga for Relaxation (3 Wednesdays)
- 10 Men's Satsang
- 10-12 Women's Retreat
- 17 Kirtan & Meditation
- 22 Mystical Teachings of Christ series (2 Wednesdays)
- 24 Christ Lives! Oratorio Concert

### April

- 6 Meditation for Starters
- 7 Guided Meditation
- 8 Palm Sunday
- 14 Kirtan & Meditation
- 31 Silent Meditation