

All events are at the Ananda Mandir unless otherwise specified.

(AC) Ananda Community

(NRB) New Renaissance Bookstore

March 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 7:30-8:45 Free Seminar: Healing the Body of Pain & Tension 7:30-9pm Meditation for Starters	3 7-9pm Mahasamadhi Commemoration	4
5 Mahasamadhi 10-11:30am Sunday Service & Healing Prayers Lunch at an Indian Restaurant afterwards	6	7 7:30-8:45pm Free Seminar: Introduction to Yoga Philosophy	8 5:45-7pm Yoga for Relaxation with David Ramsden begins (3 weeks)	9	10 Women's Retreat 7-9pm Friday Night Event—Mens Sat-sang	11 Women's Retreat 9:30am-2:30pm Solving Stress with Satyaki
12 Women's Retreat 10-11:30am Sunday Service	13	14	15	16	17 7-9pm Friday Night Event—Kirtan & Meditation	18 12:30-4pm Mindful Parenting Symposium (NRB)
19 10-11:30am Sunday Service	20	21 7-9pm Developing an Inner Life: Learn to Meditate begins (4 weeks) 7:30-9pm Meditation for Starters	22 7:30-9pm Mystical Teachings of Christ with Eric Glazzard begins (2 weeks)	23	24 7-9pm Friday Night Event —Christ Lives! An Oratorio Concert	25
26 10-11:30am Sunday Service	27	28	29	30	31 7-9pm Friday Night Event —with Dave Warner "Kriya Yoga: The Airplane Route to God"	

Long-Term Calendar

April

- 6 Meditation for Starters
- 7 Guided Meditation
- 8 Palm Sunday
- 14 Kirtan & Meditation
- 16 Easter Sunday Service
- 31 Silent Meditation

May

- 18-21 Swami Kriyananda's Birthday Celebration at Ananda Village

June

- 3 Launch of the *Essence of Bhagavad Gita* in San Francisco with Swami Kriyananda
- 9-11 Joyful Arts Festival with Swami Kriyananda at Ananda Village