

All events are at the Ananda Mandir unless otherwise specified. (AC) Ananda Community,

★ Indicates that Ananda Sangha of Portland Membership benefits apply (gold, blue, white).

September 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Ananda Yoga</p> <p>Monday 10-11:15am Extra Gentle Yoga 5:45-7pm Spiritual Awakening</p> <p>Tuesday 5:45-7pm Beginner Thursday 5:45-7pm Extra Gentle Yoga</p>		<p>Community Notes</p> <p>Morning Meditations Monday-Friday 6-7am Saturday 6-9am</p> <p>Vegetarian Dinners Sunday 5:30pm, \$5.50 Tu,W,Th 6:30pm, \$3.75</p> <p>Check community room kitchen schedule about details for individual days.</p>			1	2
<p>3 10-11:30am Sunday Service & Healing Prayers</p>	<p>4</p>	<p>5 7-9pm Class: Developing an Inner Life: Learn to Meditate begins (4 weeks) \$150 ★ 7:30-9:30pm AYTT begins (6 months)</p>	<p>6 7-9pm Class: Stories from Mahabarata begins (4 weeks), \$50 ★</p>	<p>7</p>	<p>8 7-9pm Event: Satsang with Dave & Marie Warner: <i>The Path of Kriya Yoga</i>, donation</p>	<p>9 7am-12noon, <i>Deepening Your Kriya Practice (for Kriyaban's Only)</i>, \$50, ★</p>
<p>10 10-11:30am Sunday Service for Swami Kriyanananda's Discipleship Anniversary 6:30pm Baby Shower & Blessing for Iswari and Satyaki (AC)</p>	<p>11</p>	<p>12 Swami Kriyanananda's Discipleship Anniversary 5:45-9:30pm Class: Art & Science of Raja Yoga begins (12 weeks), \$575 ★</p>	<p>13</p>	<p>14</p>	<p>15 7-9pm Event: Fundraising Concert with Bhagavati (Sharon) Brooks and Ramesha (Fabio) Nani from Ananda Italy, \$5 plus donation</p>	<p>16 9:30-1:30pm Yuga Cycles with Byasa Steinmetz, \$50 ★</p>
<p>17 10-11:30am Sunday Service</p>	<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>	<p>22 7-9pm Event: Satsang with Pranaba & Parvati Hansen, donation</p>	<p>23 10am-12noon Class with Pranaba & Parvati Hansen: Spirituality of Giving, \$25 ★ 7:30-9pm How to be Happy all the Time—Choir Concert, donation</p>
<p>24 10-11:30am Sunday Service</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29 Women's Retreat 7-9pm Meditation commemorating Lahiri Mahasaya's Birthday, donation</p>	<p>30 Women's Retreat</p>